

Y3 Invasion Games

Glossary





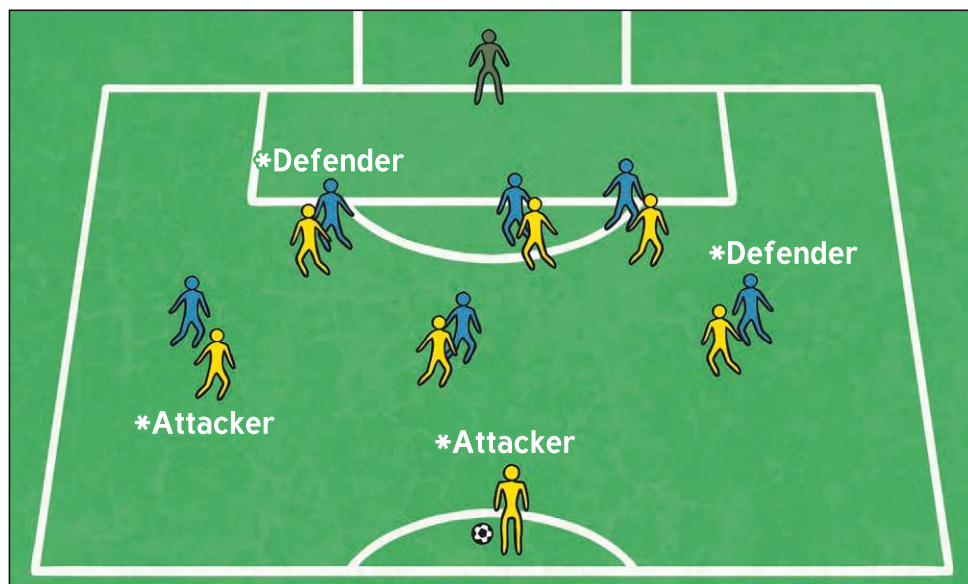
Pp	
Pivot/Pivoting	<p>You are not allowed to travel with the ball in netball, but players can rotate on one foot in order to get into a different position.</p> <p>Once you have the ball you can pivot by keeping one foot in the same place and moving the other.</p>
Possession	<p>While a team has possession of the ball it means they have control of the ball and have a greater chance of scoring.</p>
Tt	
Two-touch Passing	<p>Two-touch passing involves receiving and passing the ball on in only two touches. The 1st touch brings the ball under control and the 2nd touch passes it on to a teammate.</p>



Mm	
Man-to-Man Marking	Man-to-man marking is a type of defensive tactic used in team sports such as netball, football, and basketball. It involves each player being given an opposition player to defend and follow the movements of when they are in attack.
Mark/Marking*	<p>Remember to use your skills of marking:</p> <ul style="list-style-type: none"> • be aware of where the ball is and where your opponent is; • stay close to the attacker. <p>You can do this by:</p> <ul style="list-style-type: none"> • staying on the balls of your feet and keeping your knees bent to be ready to move quickly; • looking around to be aware of the other players, space and the ball; • trying to position yourself to give you the best possible chance of getting to the ball first by staying close to the attacker.
Oo	
Overhead Pass*	<p>A type of pass in netball.</p> <p>A long, high pass that goes over the defenders.</p> <p>This pass is most often used when players have a defender closely guarding them, or as a long distance pass.</p> <p>The overhead pass enables players to pass the ball over the top of defenders.</p>

Aa	
Attack/Attacking/Attacker	<p>The main aims for the attacking team are:</p> <ul style="list-style-type: none"> • to maintain possession of the ball; • to score. <p>To ensure a team has the best opportunity to score they must:</p> <ul style="list-style-type: none"> • pass the ball to someone in a goal scoring position (usually an attacking player) or • move with the ball into a goal scoring position.
Bb	
Block Tackle	<p>The block tackle is one of the most common ways to tackle in hockey.</p> <p>The left hand should be at the top of the stick and the right hand about half way down and the stick must be at a right angle to the direction of the ball and low to the ground.</p>
Bounce Pass	<p>A type of pass in netball.</p> <p>Passing the ball by bouncing it on the ground to another player.</p> <p>Used to move the ball over a short distance.</p> <p>A great pass to use when defenders are closing in and you need to act quickly or when space is restricted.</p>
Cc	
Chest Pass*	<p>A type of pass in netball.</p> <p>It involves passing the ball with two hands from your chest and aiming it for the chest of your teammate.</p> <p>It is most accurate way to get the ball around the court and is used for when you need to move the ball over a middle distance with control and speed.</p>

Dd	
Defend/Defending/Defender*	<p>The main responsibility of the defending team is to stop the attacking team from scoring and to win back possession of the ball.</p> <p>A defender's main jobs are marking and tackling.</p>
Dodge/Dodging*	<p>Dodging is an essential skill for an attacking player in invasion games. It involves a quick change of direction to try and send the defender the wrong way to enable a player to:</p> <ul style="list-style-type: none"> • get free to receive a pass; • get around an opponent; • avoid being tackled or losing the ball. <p>The technique for dodging:</p> <ul style="list-style-type: none"> • keep your head up; • keep a low body position (knees bent); • plant one foot and quickly change direction (plant and go).



Dribble/Dribbling*	Dribbling is a way of moving with the ball and is one of the basic skills needed for invasion games.
Ii	
Intercept	The act of anticipating the pass made by an opposing player and regaining possession of the ball to set up an attack.
Invasion Game	<p>An invasion game involves attacking an opponent's territory (zone) with the aim to score a goal or point. Examples of invasion games include netball, hockey, football, basketball, rugby, handball and lacrosse.</p> <ul style="list-style-type: none"> • They usually consist of teams of equal players. • These fast-paced games focus on teamwork, keeping possession, attacking and defending. • The players involved in invasion games are usually given a position on the field or court, such as Goal Shooter in netball. This position will require them to do a specific job for their team throughout the game. • This job may be as an attacker or as a defender.

