



## Y1 Invasion Games Glossary



Bb	
<b>Bounce/ Bouncing*</b>	In the context of invasion games, bouncing refers to players using their hand to bounce a ball up and down on the floor as they travel across a playing space.
Dd	
<b>Direction</b>	Players need to be able to change direction when travelling in order to dodge other players or to get in a good space to receive the ball.
Ii	
<b>Invasion Game*</b>	<p>An invasion game involves attacking an opponent's territory (zone) with the aim of scoring a goal or point. Examples of invasion games include netball, hockey, football, basketball, rugby, handball and lacrosse.</p> <ul style="list-style-type: none"> <li>• They usually consist of teams of equal players.</li> <li>• These fast-paced games focus on skills of teamwork, travelling across the pitch, passing a ball and travelling with a ball.</li> <li>• The players involved in invasion games are usually given a position on the field or court, such as Goal Shooter in netball. This position will require them to do a specific job for their team throughout the game. This job may be as an attacker or as a defender.</li> </ul>



Pp	
<b>Pass/Passing</b>	Passing is an essential skill in invasion games. Players need to learn to pass a ball using their hands (throwing) or their feet (kicking). It is important that players learn to pass accurately, but also that they learn to pass quickly within a game situation. Players may find themselves under pressure to pass the ball on or lose it to the opposition.
Tt	
<b>Travel/ Travelling*</b>	An important skill in invasion games is the ability to travel in different ways and in multiple directions, quickly and accurately. Players need to be able to travel forwards, backwards and sideways, and be able to change direction.
<b>Travelling with a ball</b>	Players need to learn the skill of travelling with a ball. It is essential that players can travel while controlling a ball so that they can move to different areas of the playing space. Players can travel with a ball while controlling it with their foot or with their hands, by bouncing the ball. In other invasion games such as hockey, players travel while controlling the ball with their hockey stick.